



2026 Hong Kong Open Dance Championships

(Open to the World)

TUESDAY 7th JULY - WEDNESDAY 8th JULY

SYLLABUS & RULES

Couples / Solo

Venue:

The Grand Ballroom
The Hopewell Hotel
15 Kennedy Rd, Wan Chai
Hong Kong

Organiser:

Mark Robertson
Power Productions

Email:

info@hko.dance

Website:

www.hko.dance



EVENTS - TUESDAY 7th JULY 2026

The following categories will take place on Tuesday 7th July 2026;

- All Solo (Boy/Girl)
- Juvenile (U8, U10, U12)
- Junior (U14)
- Youth (U19)
- Amateur & Professional Rising Stars
- All ProAm (see separate [ProAm Syllabus](#))
- Teacher/Student (Dance with a Champion)

For the full list of categories and to register for the competition [click here](#). The RULES can also be found below under 'RULES'.

EVENTS - WEDNESDAY 8th JULY 2026

The following categories will take place on Wednesday 8th July 2026.

- Junior (U16)
- Youth (U21)
- Open Amateur (Latin / Ballroom / Smooth)
- Asia Closed Amateur (Latin / Ballroom)
- Open Professional (Latin / Ballroom / Smooth)
- Asia Closed Professional (Latin / Ballroom)

Semi Final and Final rounds of the above events will be danced at the Gala Dinner Evening on Wednesday 8th July 2026.

4 dances will be danced up to the Quarter Final round. 5 dances will be danced in all Championships from the Semi Final round onwards. The Open Amateur & Open Professional Championships will be danced alternating Ballroom & Latin for the Semi Final and Final rounds.

The Prize Money for all Main Events on Wednesday 8th July 2026 is denoted against each category. For more information and to register for any of the events [click here](#).

The closing date for all categories is 19th June 2026.



EVENTS - TUESDAY 7th JULY 2026

OPEN RISING STARS PROFESSIONAL LATIN

The Open Rising Stars Professional Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

OPEN RISING STARS PROFESSIONAL BALLROOM

The Open Rising Stars Professional Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.

OPEN RISING STARS AMATEUR LATIN

The Open Rising Stars Amateur Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

OPEN RISING STARS AMATEUR BALLROOM

The Open Rising Stars Amateur Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

[Click here](#) to register or for more information visit our website at www.hko.dance.



See RULES for further information.

UNDER 19 LATIN

The Under 19 Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

UNDER 19 BALLROOM

The Under 19 Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.

UNDER 14 LATIN

The Under 14 Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

UNDER 14 BALLROOM

The Under 14 Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.



OPEN JUVENILE LATIN

The Open Juvenile Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

OPEN JUVENILE BALLROOM

The Open Juvenile Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.

UNDER 10 LATIN

The Under 10 Latin category is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA, SAMBA, RUMBA, JIVE. Dances will be danced in the order they are shown here.

First round times will be published on our Instagram page closer to the competition. See RULES for further information.

UNDER 10 BALLROOM

The Under 10 Ballroom category is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

UNDER 8 LATIN

The Under 8 Latin category is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, JIVE. Dances will be danced in the order they are shown here.



[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

UNDER 8 BALLROOM

The Under 8 Ballroom category is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here.

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SOLO CATEGORIES

ELITE CHAMPIONSHIP 5 DANCE - LATIN (U19, U16, U14, U12)

The Elite Championship 5 Dance Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

ELITE CHAMPIONSHIP 5 DANCE - BALLROOM (U19, U16, U14, U12)

The Elite Championship 5 Dance Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.

ELITE CHAMPIONSHIP 4 DANCE - LATIN (U10)

The Elite Championship 4 Dance Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA and JIVE. Dances will be danced in the order they are shown here.

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See RULES for further information.

ELITE CHAMPIONSHIP 4 DANCE - BALLROOM (U10)

The Elite Championship 4 Dance Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here.

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See RULES for further information.



ELITE CHAMPIONSHIP 3 DANCES - LATIN (U8)

The Elite Championship 3 Dance Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA and RUMBA. Dances will be danced in the order they are shown here.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

ELITE CHAMPIONSHIP 3 DANCE - BALLROOM (U8)

The Elite Championship 3 Dance Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO and FOXTROT. Dances will be danced in the order they are shown here.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

ELITE RISING STARS 5 DANCE - LATIN (U16, U14, U12)

The Elite Rising Stars 5 Dance Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

ELITE RISING STARS 5 DANCE - BALLROOM (U16, U14, U12)

The Elite Rising Stars 5 Dance Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.



ELITE RISING STARS 4 DANCE - LATIN (U10)

The Elite Rising Stars 4 Dance Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA and JIVE. Dances will be danced in the order they are shown here.

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See RULES for further information.

ELITE RISING STARS 4 DANCE - BALLROOM (U10)

The Elite Rising Stars 4 Dance Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here.

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See RULES for further information.

ELITE RISING STARS 3 DANCE - LATIN (U8)

The Elite Rising Stars 3 Dance Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA and RUMBA. Dances will be danced in the order they are shown here.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

ELITE RISING STARS 3 DANCE - BALLROOM (U8)

The Elite Rising Stars 3 Dance Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO and FOXTROT. Dances will be danced in the order they are shown here.

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See RULES for further information.



SINGLE DANCES - LATIN (U19, U16, U14, U12, U10, U8)

All single dances are 'Open to the World' and will be judged based on 'All Round' efficiency in the dance as per the stated dance at the time of entry and shown on the email confirmation.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

For all ProAm & Teacher/Student, please refer to the separate syllabus provided on the website at www.hko.dance



EVENTS - WEDNESDAY 8th JULY 2025

OPEN JUNIOR LATIN

The Open Junior Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

[Click here](#) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

OPEN JUNIOR BALLROOM

The Open Junior Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.

OPEN YOUTH LATIN

The Open Youth Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

OPEN YOUTH BALLROOM

The Open Youth Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further



Information. OPEN

PROFESSIONAL LATIN

The Open Professional Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

The semi-final and final of this category will be danced during the Gala Evening on Wednesday 8th July. [Click here](#) to register or for more information visit our website at www.hko.dance. See RULES for further information.

OPEN PROFESSIONAL BALLROOM

The Open Professional Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

The semi-final and final of this category will be danced during the Gala Evening on Wednesday 8th July. [Click here](#) to register or for more information visit our website at www.hko.dance. See RULES for further information.

OPEN PROFESSIONAL SMOOTH

The Open Professional Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT, VIENESSE WALTZ.

The final of this category will be danced during the Gala Evening on Wednesday 8th July.

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See RULES for further information.



OPEN AMATEUR LATIN

The Open Amateur Latin Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

The semi-final and final of this category will be danced during the Gala Evening on Wednesday 8th July.

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See RULES for further information.

OPEN AMATEUR BALLROOM

The Open Amateur Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

The semi-final and final of this category will be danced during the Gala Evening on Wednesday 8th July.

[Click here](#) to register or for more information visit our website at www.hko.dance.

OPEN AMATEUR SMOOTH

The Open Amateur Ballroom Championship is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT, VIENESSE WALTZ.

[Click here](#) to register or for more information visit our website at www.hko.dance.

ASIAN CLOSED PROFESSIONAL LATIN

The Asian Closed Professional Latin Championship is open only to competitors residing in countries across Asia or representing one of these countries. Judging is based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.



ASIAN CLOSED PROFESSIONAL BALLROOM

The Asian Closed Professional Ballroom Championship is open only to competitors residing in countries across Asia or representing one of these countries. Judging is based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.

ASIAN CLOSED AMATEUR LATIN

The Asian Closed Amateur Latin Championship is open only to competitors residing in countries across Asia or representing one of these countries. Judging is based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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See RULES for further information.

ASIAN CLOSED AMATEUR BALLROOM

The Asian Closed Professional Ballroom Championship is open only to competitors residing in countries across Asia or representing one of these countries. Judging is based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

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See RULES for further information.



RULES

OPEN EVENTS

These events are open to competitors from any country.

ASIA CLOSED EVENTS

Events are open only to those competitors residing in countries across Asia, representing these countries and where at least one of the dancers can prove Asian nationality on passport.

AGE RESTRICTIONS

Competitors must be under the stated age within the age group they wish to dance in on the date of the competition. This rule applies to both dancers for 'Couple Events'. Competitors may also dance a maximum of one age category above their own - for example, a 7-year-old dancer can dance in both U8 and U10.

Age Categories:

U8 - all dancers MUST be under the age of 8 years old on the date of the competition. U10 - all dancers MUST be under the age of 10 years old on the date of the competition. U12 - all dancers MUST be under the age of 12 years old on the date of the competition. U14 - all dancers MUST be under the age of 14 years old on the date of the competition. U16 - all dancers MUST be under the age of 16 years old on the date of the competition.

Youth Under 21:

Both competitors registering to compete in this category must be under the age of 21 on the date of the competition and one of those competitors must be over the age of 16.

Amateurs / Professionals:

Competitors wishing to register to compete in these categories must be at least 16 years of age on the date of the competition.

You may be asked to provide proof.

For Juvenile events (all age categories Under 12 and below), syllabus and dress code apply. See below information for your attention.

Juvenile categories for Ballroom and Latin shall be danced by restricted syllabus only, in accordance with the current technique recognised by major international governing bodies. Open choreography is not permitted.



Juvenile competitors must wear Juveniles dress code defined by the regulations of the recognised bodies.

RISING STAR EVENTS

Those competitors who have made the 'Top 24', or above, at either of the undernoted major competitions are not permitted to enter 'Rising Star' events.

- UK Open
- International
- British Open

ENTRIES

All entries to the competition must be made online by midnight (00:00 hrs) on the closing date. Entry to the competition is only confirmed and valid on receipt of full payment by the Organiser. An email confirmation will be sent to the email address provided during the entry process and it is the responsibility of the recipient to ensure receipt to prove valid entry to the competition.



ENTRY FEES / TICKETS

Admission to the venue itself is not included in the competitors cost of registration. Competitors and Spectators need to purchase an admission ticket, and seats (if

required) via the website. All competitors will be prompted to purchase admission tickets when making their entries online.

[Click here](#) for details.

Note that there is strictly 'NO STANDING ROOM' in the Event Hall and this rule applies to both competitors and spectators. Competitors who have not been 'called to dance' are required to use the holding area provided. Competitors are asked to vacate the Event Hall immediately after their event has finished.

All entry fees to the competition and ticket prices are clearly displayed on the website at www.hko.dance.

For all ticket purchases for both days, please visit our website in the following link - [Click here](#).

NOTE: All bookings are subject to administration charge (in HKD) and will be added to your checkout when making your entries and purchasing tickets. Please visit our website at www.hko.dance/tickets

Competitors who qualify to dance in the Semi-Final round of the undernoted categories, on Wednesday 8th July, do not need to purchase a ticket for the 'Gala Evening' in order to dance these rounds. However, those competitors who may wish to spectate in the Event Hall during the Semi Finals / Finals are required to purchase a ticket through the website at www.hko.dance.

- Open Amateur (Latin / Ballroom)
- Open Professional (Latin / Ballroom)
- Open Professional Smooth (*final round only)



REFUNDS

All entry costs and tickets are non-refundable. In the event that the Organiser cancels a competition on a given day, only the cost of entry fee to that particular competition will be refunded.

PUBLICITY

In the event of Television coverage or Production of any video recording for commercial purposes from the competition, all participants agree that the rights from such televised coverage or video recording will vest solely with the Organisers (Power Productions) and that no persons or associations shall have any claim against the organiser, TV Company or Video Producer.

ADJUDICATORS

The Organiser reserves the right to replace an Adjudicator at any time either before or during the competition.

RISKS

Anyone competing or spectating (any event) do so at their own risk. Both the Organiser and the venue will not accept responsibility for any existing health issues/allergies/injury or situations.

PERSONAL EXPENSES

Participation at the event is at your own discretion and therefore all personal expenses, including entry costs, travel and accommodation are paid by the participant/applicant.

WITHDRAWAL

If a competitor withdraws from a competition after entry, immediate notification in writing should be made. In this event, no refund of the Entry Fee(s) or Admission Ticket(s) will be paid.

NUMBER OF ENTRIES

The Organiser reserves the right to limit the number of entries accepted in any event.

The decision of the Organiser is to be taken as FINAL.

