



2026 Hong Kong Open Dance Championships (Open to the World)

TUESDAY 7 JULY - WEDNESDAY 8 JULY

SYLLABUS & RULES

ProAm

Venue:

The Grand Ballroom
The Hopewell Hotel
15 Kennedy Rd, Wan Chai
Hong Kong

Organiser:

Mark Robertson
Power Productions

Email:

info@hko.dance

Website:

www.hko.dance



NOTE: this document contains only Syllabus and Rules relating to “ProAm” events. Please [click here](#) for the Syllabus and Rules relating to all other categories.

TUESDAY 7th JULY 2026

The following categories will take place on Tuesday 7th July 2026;

- All ProAm (Categories A-E)
Styles: Latin, Ballroom, Smooth
- Teacher/Student (“Dance with a Champion”) – Age categories: U12, U16, U18)
Styles: Latin, Ballroom

For the full list of categories and to register for the competition [click here](#). The RULES can also be found below under ‘RULES’.

The closing date for all categories is 19th June 2026.

RULES – PART I

Definition – ProAm:

All events, including (Single Dances, Multi Dance, Scholarship and The HKO Championships) allow professional/teacher and amateur entrants to participate together in competition with unrestricted syllabus. The amateur dancer in the couple is considered to be the student of the professional/teacher partner.

Age Categories:

A: 18-35

B: 36-50

C: 51-60

D: 61-70

E: 71+

Competitors can dance in their own age group, together with a maximum of one age group below their own, for example a 40-year-old dancer who dances in Group B could choose to also dance in Group A.

The age groups above refer to the student’s age on the date of the competition.



CHAMPIONSHIP EVENTS

A competitor wishing to dance in the **“Championship”** event **must** also have entered all 5 single dance events in the same style, and either the “3 Dance Challenge” or the “5 Dance Scholarship”.

In the event that a “ProAm Competitor” has not entered and adhered to the above, they will be disqualified from dancing the “Championship” event.

SCHOLARSHIP EVENTS

A competitor wishing to dance in a **“Scholarship”** event **must** also have entered all 5 single dance events in the same style.

In the event that a “ProAm Competitor” has not entered all single dances, they will be disqualified from dancing the “Scholarship” event.

3 DANCE CHALLENGE EVENTS

A competitor wishing to dance in a **“3 Dance Challenge”** event **must** also have entered all 3 single dance events in the same style and same dances.

In the event that a “ProAm Competitor” has not entered all single dances, they will be disqualified from dancing the “3 Dance Challenge” event.



EVENTS – TUESDAY 7 JULY 2026

THE HKO CHAMPIONSHIP 5 DANCE – LATIN (ALL AGES TOGETHER)

The HKO Championship Latin category is ‘Open to the World’ welcoming all age groups to participate in the same competition.

This event is judged based on ‘All Round’ efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

THE HKO CHAMPIONSHIP 5 DANCE BALLROOM (ALL AGES TOGETHER)

The HKO Championship Ballroom category is ‘Open to the World’ welcoming all age groups to participate in the same competition.

This event will be judged based on ‘All Round’ efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

THE HKO CHAMPIONSHIP 4 DANCE SMOOTH (ALL AGES TOGETHER)

The HKO Championship Smooth category is ‘Open to the World’ welcoming all age groups to participate in the same competition.

This event will be judged based on ‘All Round’ efficiency in the WALTZ, TANGO, FOXTROT, VIENESSE WALTZ.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

See RULES for further information.



SCHOLARSHIP 5 DANCE LATIN (All Age Categories)

The Scholarship Latin category is 'Open to the World' and will be judged based on 'All Round' efficiency in the CHA CHA CHA, SAMBA, RUMBA, PASO and JIVE. Dances will be danced in the order they are shown here, with JIVE being danced from the semi-final only.

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SCHOLARSHIP 5 DANCE BALLROOM (All Age Categories)

The Scholarship Ballroom category is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, VIENESSE WALTZ, FOXTROT and QUICKSTEP. Dances will be danced in the order they are shown here, with VIENESSE WALTZ being danced from the semi-final only.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

SCHOLARSHIP 4 DANCE SMOOTH (All Age Categories)

The Scholarship Ballroom category is 'Open to the World' and will be judged based on 'All Round' efficiency in the WALTZ, TANGO, FOXTROT, VIENESSE WALTZ.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

3 DANCE EVENTS (All Age Categories)

All 3 Dance categories are 'Open to the World' and will be judged based on 'All Round' efficiency in the 3 dances as per the stated dances at the time of entry and shown on the email confirmation.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

See RULES for further information.

SINGLE DANCE EVENTS (All Age Categories)

All single dance categories are 'Open to the World' and will be judged based on 'All Round' efficiency in the dance as per the stated dance at the time of entry and shown on the email confirmation.

[Click here](http://www.hko.dance) to register or for more information visit our website at www.hko.dance.

See RULES for further information.



RULES - PART II

ELIGIBILITY - PROAM EVENTS

“Amateur” dancers dancing as the professional/teacher are permitted to enter ProAm events.

In ProAm events, both the professional/teacher and the ProAm Competitor are judged as a ‘couple’.

ENTRIES

All entries to the competition must be made online by midnight (00:00 hrs) on the closing date. Entry to the competition is only confirmed and valid on receipt of full payment by the Organiser. An email confirmation will be sent to the email address provided during the entry process and it is the responsibility of the recipient to ensure receipt to prove valid entry to the competition.

ENTRY FEES / TICKETS

Admission to the venue itself is not included in the competitors cost of registration. Competitors and Spectators need to purchase an admission ticket, and seats (if required) via the website. All competitors will be prompted to purchase admission tickets when making their entries online.

[Click here](#) for details.

Those who have purchased a “ProAm Package” should note that all packages include “Seated Entry Tickets”.

Note that there is strictly ‘NO STANDING ROOM’ in the Event Hall and this rule applies to both competitors and spectators. Competitors who have not been ‘called to dance’ are required to use the holding area provided. Competitors are asked to vacate the Event Hall immediately after their event has finished.

All entry fees to the competition and ticket prices are clearly displayed on the website at www.hko.dance.

NOTE: All bookings are subject to administration charge (in HKD) and will be added to your checkout when making your entries and purchasing tickets. Please visit our website www.hko.dance/tickets



REFUNDS

All entry costs and tickets are non-refundable. In the event that the Organiser cancels a competition on a given day, only the cost of entry fee to that particular competition will be refunded.

PUBLICITY

In the event of Television coverage or Production of any video recording for commercial purposes from the competition, all participants agree that the rights from such televised coverage or video recording will vest solely with the Organisers (Power Productions) and that no persons or associations shall have any claim against the organiser, TV Company or Video Producer.

ADJUDICATORS

The Organiser reserves the right to replace an Adjudicator at any time either before or during the competition.

RISKS

Anyone competing or spectating (any event) do so at their own risk. Both the Organiser and the venue will not accept responsibility for any existing health issues/allergies/injury or situations.

PERSONAL EXPENSES

Participation at the event is at your own discretion and therefore all personal expenses, including entry costs, travel and accommodation are paid by the participant/applicant.

WITHDRAWAL

If a competitor withdraws from a competition after entry, immediate notification in writing should be made. In this event, no refund of the Entry Fee(s) or Admission Ticket(s) will be paid.

NUMBER OF ENTRIES

The Organiser reserves the right to limit the number of entries accepted in any event.

The decision of the Organiser is to be taken as FINAL.